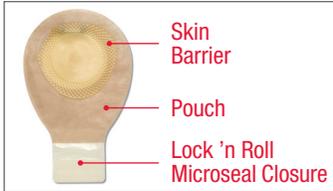


Pouchkins One-Piece Pouching System

Collect Supplies



Gather pouch, scissors, pen, water, and gauze, cotton balls or tissue.

Remove Used Pouching System



Carefully lift an edge of the skin barrier and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch. Do not flush down toilet.

Clean and Dry Skin



Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Prepare the Skin Barrier and Pouch



Measure the stoma using a stoma measuring guide before every barrier application.



Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



Pull the pouch film away from the skin barrier. Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner. Do not puncture the pouch.



Remove the release liner from the skin barrier. Set aside with adhesive facing up.



Center the skin barrier opening over the stoma.



Apply gentle pressure to the skin barrier for about a minute for best adhesion.



Close bottom of pouch. If using a drainable pouch, close the **Lock 'n Roll** microseal closure at the bottom of the pouch. Fold up three times until the plastic fasteners meet. Press firmly from the center to the outer edges along the closure strip.



If using a urostomy pouch, close spout at bottom of pouch.

Pouchkins One-Piece Pouching System

Using Accessories (As recommended by your healthcare professional)



Paste may be applied to the skin barrier before application.



Rings can be used to fill in skin areas near the stoma as a substitute for paste.



You may use stoma powder when the skin is eroded and moist.

Tips



The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC/ET Nurse or ostomy specialist



The **Pouchkins** stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed

ADDITIONAL INFORMATION

- ***Caring for Your Child with an Ostomy*** (an educational booklet for parents and caregivers of infants with ostomies)
- ***Can They Still Wiggle and Giggle*** (a coloring book for children who want to know more about ostomies)

Additional Instructions:

For product questions, sampling needs, or detailed clinical questions concerning our products in the US, call **1.888.808.7456**. In Canada call **1.800.263.7400**.

Routine follow-up with your healthcare professional is recommended.

Prior to using any ostomy products/accessories be sure to read all product inserts and labels.

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